

BREAKFAST

Served until 12.00

"THE COB 7" FULL ENGLISH; £8.95

Butchers Sausage, Bacon, Hash Brown, Field Mushrooms, Grilled Tomato, Beans, Eggs (any way) & Toast

EXTRAS; Black Pudding, Fried Bread **£1 each**

EARLY FISHERMEN COB 7 (Before 9am) **£6.95**

THE VEGGIE COB (V); **£7.95**

Vegetarian Sausage, Hash Brown, Field Mushrooms, Grilled Tomatoes, Beans, Eggs (any way) & Toast

THE KIDS COB Sausage, Eggs, Beans, Toast **£5.00**

KIDS HALF BREAKFAST SANDWICH **£3.00**

BREAKFAST SANDWICH; 1 item **£3.80**
Bacon, Egg, Sausage, Mushroom, 2 items **£4.80**
Hash Brown, Black Pudding 3 items **£5.80**

TOAST Served with Butter & Preserves **£3.00**

CROISSANT; Almond or Plain **£2.80**

TEA CAKE Served with Butter & Preserves **£3.00**

WARMING PORRIDGE **£3.75**

Served with Jam or Honey

TOPPED TOAST; **£4.50**

Poached Eggs, Scrambled Eggs or Beans

AMERICAN STYLE PANCAKE STACKS **£7.00**
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Pancake Stack topped with either; Nutella & Banana (or Strawberries) or Smoked Streaky Bacon & Maple Syrup

LOADED FRIES

CHILLI BEEF WITH CHEESE; **£8.95**

Guacomole & a drizzle of Sour Cream

CHILLI 3 BEAN WITH CHEESE (V); **£8.95**

Guacomole & a drizzle of Sour Cream

SIMPLY BEANS & CHEESE (V) **£6.50**

LUNCH

SOUP OF THE DAY (V) **£4.95**

Served with Warm Bread or Half Cheese Sandwich

CREAMY GARLIC MUSHROOMS ON TOASTED CIABATTA (V) **£5.50**

CALAMARI **£5.50**

Served with Aioli, Mixed Leaves & Lemon

HALLOUMI CHIPS & LOCAL DIPPING CHUTNEY (V); **£5.50**

Chilli & Garlic or Fig & Walnut

QUICHE OF THE DAY (V options) **£8.95**

Served with Warm New Potatoes & Salad

COOKED HAM, FRIED EGG & CHIPS **£8.25**

BEER BATTERED FISH **£10.95**

Served with Chips & Peas

PIE OF THE DAY **£10.95**

Served with Chips, Peas & Gravy

BURGERS

MAYFLY CHEESE & BACON BURGER; **£11.95**

Served in a Brioche Bun with Caramelised Onions, Salad, Slaw & Fries

BUTTERNUT, GOATS CHEESE & BEETROOT BURGER (V); **£11.50**

Served in a Brioche Bun with Caramelised Onions, Salad, Slaw & Fries

SALADS

THE COB, COB SALAD; **£8.75**

Cooked Ham, Free Range Boiled Eggs, Mixed Salad Leaves, Cucumber & Cherry Tomatoes

GOATS CHEESE & WALNUT SALAD (V); **£9.95**

Grilled Goats Cheese, Walnuts, Mixed Salad Leaves, Cucumber & Tomatoes, Drizzled with either Balsamic & Orange Zest Dressing or Worcestershire Honey

JACKET POTATOES

• **CHEESE (V)** **£8.25**

• **COLESLAW (V)**

• **CHILLI BEAN (V)**

• **CHILLI BEEF**

• **TUNA**

• **BEANS (V)**

• **SPECIAL FILLING OF THE WEEK (see board)**

Served with a Salad Garnish

HOT/COLD SANDWICHES/BAGUETTES

• **EGG MAYONNAISE (V)** **£7.95**

• **TRADITIONAL CHEESE & PICKLE (V)**

• **HAM & DRAGONS BREATH MUSTARD**

• **TUNA MAYO & RED ONION**

• **BRIE & CRANBERRY TOASTIE (V)** **£8.50**

• **MOZZARELLA, BEEF TOMATO & PESTO TOASTIE (V)**

• **BACON, LETTUCE & TOMATO**

• **SAUSAGE & RED ONION**

• **BBQ CHICKEN MELT**

• **FISH FINGERS** with Tartar Sauce & Lemon Wedge

Choice of; White, Seeded or Sour Dough bread

Served with Tyrells Salted Crisps, Slaw & Side Salad

SIDES

FRIES **£3.00**

SWEET POTATO FRIES **£3.00**

CHIPS **£3.00**

CHEESY FRIES **£4.00**

CHEESY CHIPS **£4.00**

CHIPS & GRAVY **£3.50**

ONION RINGS **£3.00**

GARLIC CIABATTA **£3.00**

BREAD & BUTTER **£3.00**

NEW**STONE BAKED PIZZAS 10"**

MARGHERITA (V); Passata, Mozzarella & Basil	£8.50
BBQ CHICKEN; Chicken, Bacon, Red Onion & BBQ Sauce	£9.50
AMERICAN HOT; Pepperoni, Red Onion, Mushroom & Jalapenos	£9.50
MEAT FEAST; Chicken, Pepperoni, Bacon, Sausage & Red Onion	£9.95
CHEVRE (V); Goats Cheese & Caramelised Red Onion	£8.50
VEGAN (VE); Mushroom, Tomato, Caramelised Red Onion & 'Sheese'	£8.00
GARLIC CHEESE (V); Garlic Butter & Mozzarella	£7.50
PUDDING PIZZA FOR 1; Nutella based with Banana & Toasted Marshmallows	£6.00

VEGAN

VEGAN FISH FINGER SANDWICH On White, Seeded or Sour Dough Baguette. Served with Tyrells Salted Crisps, Slaw & Side Salad	£8.00
BEAN CHILLI Served with Rice or Chips	£8.00
VEGAN BURGER Served on a Toasted Bun with Side Salad & Chips	£11.00
MAYFLY VEGAN SALAD Mixed Leaf, Tomatoes, Cucumber, Red Onion, Dried Cranberry, Apricots, Mango & Couscous	£9.00
SHEESE & BEETROOT TOASTIE Vegan Cheese with Beetroot & Walnut on White, Seeded or Sour Dough Baguette. Served with Tyrells Salted Crisps & Side Salad	£8.00

KIDS LUNCH MENU

CHEESE OR BEANS ON 1 TOAST (V) With Cucumber Crudités	£3.00
PACKED LUNCH BOX With a Carton of Juice	£5.50
• JAM, CHEESE (V) OR HAM SANDWICH • QUAVERS OR WOTSITS • FRUIT • CHOCOLATE BAR • YOGHURT	
HOT DINNER Served with Chips, Beans or Peas & a Carton of Juice	£5.95
FISH FINGERS, SAUSAGE OR CHICKEN NUGGETS	
HALF JACKET POTATO With Cheese (V), Beans (V) or Filling of the Day	£3.95

KIDS STONE BAKED PIZZA

MARGHERITA (V)	£4.50
MOZZARELLA & HAM	£5.50

KIDS PUDDING

BENNETS ICE CREAM - 1 SCOOP	£3.00
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DESSERTS

CHEESECAKE OF THE DAY Served with Cream or Ice Cream	£6.00
WARM CHOCOLATE BROWNIE Served with Vanilla Ice Cream	£6.00
CRUMBLE OF THE DAY Served with Custard or Ice Cream	£6.00
APPLE PIE Served with Custard, Cream or Ice Cream	£6.00
MAYFLY ICE CREAM SUNDAE; 3 Scoops of Bennetts Ice Cream, Chocolate Sauce, Whipped Cream & Wafer	£6.50

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